



ARMDALE YACHT CLUB LEARN TO SAIL PROGRAM COVID-19 DECLARATION OF COMPLIANCE

We are pleased to offer the Armdale Yacht Club's Learn to Sail Program (the "Program") this year. Due to COVID-19 and public health requirements, we have put forward the following measures and policy to ensure a safe learning environment for all participants and to respect public health guidelines. **By agreeing to register for the Program, you agree to the Terms as outlined in this Policy along with the COVID-19 Policy attached as Schedule "A" to the Registration Form:**

Armdale Yacht Club and its Sail Training Program ("AYC") requires the disclosure of exposure or illness in order to safeguard the health and safety of all participants and to limit the further spread of COVID-19. Any information communicated to AYC in accordance with this Policy will be kept safely and personal information will not be disclosed unless required by law or with your prior consent.

An individual (or the individual's parent/guardian, if the individual is younger than 19 years old) who is unable to agree to the terms outlined in this document is not permitted to enter AYC's facilities or participate in the AYC's Sail Training Program.

I, the undersigned being the individual named above and the individual's parent/guardian (if the individual is younger than 19 years old), hereby acknowledge and agree to the terms outlined in this document:

- 1) The coronavirus disease COVID-19 has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. AYC has put in place preventative measures to reduce the spread of COVID-19 and requires all individuals (or their parent/guardian, when applicable) to **adhere to the compliance standards described in this document.**
- 2) The individual has not been diagnosed with COVID-19; **OR** If the individual was diagnosed with COVID-19, the individual was cleared as non-contagious by provincial or local public health authorities;
- 3) If the individual is a front-line worker (such as hospital staff, long term care staff), or other individual who interacts with individuals who have confirmed or suspected cases of COVID-19, the individual has worn proper and approved Personal Protective Equipment at all times whenever they interacted with an individual who has a confirmed or suspected case of COVID-19 in the last 14 days.
- 4) If the individual is not a front-line worker, or other individual who interacts with individuals who have confirmed or suspected cases of COVID-19, they have not been exposed to a person with a confirmed or suspected case of COVID-19 in the last 14 days.
- 5) The individual is attending or participating voluntarily and understands the risks associated with COVID-19. The individual (or the individual's parent/guardian, on behalf of the individual (when applicable)) agrees to assume those risks, including but not limited to exposure and being infected.
- 6) The individual has not, nor has anyone in the individual's household, experienced any signs or symptoms of COVID-19 in the last 14 days (including fever, new or worsening cough, fatigue, chills

and body aches, respiratory illness, difficulty breathing, nausea, vomiting or diarrhea, pink eye, or loss of taste or smell).

- 7) If the individual experiences, or if anyone in the individual's household experiences, any signs or symptoms of COVID-19 after submitting this Declaration of Compliance, the individual will immediately isolate, notify AYC, and not attend any of AYC's facilities, activities, programs or services until at least 14 days have passed since those symptoms were last experienced.
- 8) The individual has not, nor has any member of the individual's household, travelled to or had a lay-over in any country outside Canada, or in any province outside of Nova Scotia in the past 14 days. If the individual travels, or if anyone in the individual's household travels, outside of Nova Scotia after submitting this Declaration of Compliance, the individual will not attend any of the AYC's facilities, activities, programs or services until at least 14 days have passed since the date of return.
- 9) The individual is following recommended guidelines, including but not limited to, practicing physical distancing, trying to maintain separation of six feet from others, adhering to recognized hygiene best practices, and otherwise limiting exposure to COVID-19.
- 10) The individual will follow the safety, physical distancing and hygiene protocols of AYC, including those set out in the COVID-19 Policy.
- 11) The individual will bring their own personal items and personal equipment (such as water bottles, bags, towels, etc.) at their discretion and will not share their personal items or equipment with other individuals.
- 12) This document will remain in effect until AYC, per the direction of the provincial government and provincial health officials, determines that the acknowledgements in this Declaration of Compliance are no longer required.
- 13) AYC may remove the individual from the facility or from participation in the activities, programs or services of AYC at any time and for any reason if AYC believes, in its sole discretion, that the individual is no longer in compliance with any of the standards described in this document.

Signature: _____ Date: _____
Individual (if the individual is 19 years old or older)

Signature: _____ Date: _____
Parent/Guardian (if the individual is younger than 19 years old)