

**Armdale Yacht Club
2014 Wednesday Evening
Sailing Instructions**

1 Rules

1.1 Racing will be governed by the current International Sailing Federation (ISAF) Racing Rules of Sailing (RRS), the prescriptions of the Canadian Yachting Association (CYA), the rules of the class(es) concerned, except as any of these are changed by these Sailing Instructions.

1.2 All AYC races are designated Category “A” events.

2 Entries

2.1 All boats involved in racing must be in compliance with RRS 78. Eligible boats must be registered 15 minutes before the warning signal of the first class by signing the appropriate Class Registration Sheet.

2.2 All skippers must be a member of a sailing or yacht club recognized by the CYA in accordance with RRS 75. Proof of membership is a requirement of registration.

3 Notices to Competitors

3.1 Notices to competitors will be posted on the Official Notice Board located in the AYC Clubhouse.

4 Changes in Sailing Instructions

4.1 Any changes to the Sailing Instructions will be posted on the Official Notice Board before 1730 on the day it will take effect, except that any change to the schedule of races will be posted by 1500 on the day before it will take effect.

5 Signals Made Ashore

5.1 Signals made ashore will be displayed at the AYC Race House on the east side of Melville Island.

5.2 Code flag “AP”, Answering Pennant, with two sound signals on hoist means ‘The race is postponed’.

5.3 First gun (warning signal) will be made not less than one minute after “AP” is lowered with one sound signal.

6 Schedule of Races

6.1 There will be three Wednesday night series (Spring, Summer, and Fall) consisting of six races per series. Date for all races is shown on the AYC Race Schedule. The Wednesday races warning signal is 18:30.

7 Classes

7.1 There will be a single class on Wednesday nights this year.

7.2 There must be a minimum of three boats to constitute a race.

7.3 Boats must select their sail inventory, and corresponding PHRFNS, prior to their first race in each series. This handicap cannot be altered during the series.

7.4 Skippers are permitted to revise their inventory and handicap once only during the season after the initial declaration.

8 Handicaps

8.1 For Handicap classes, the PHRFNS Ratings will be used. The “time on time” method of calculating results will be used. Each boat's elapsed time will be multiplied by its Time Correction Factor (TCF) to calculate a corrected time. The TCF's for each boat are posted on the Official Notice Board and the NSYA website for each boat based on its current declaration. Only one rating for a given boat, which is subject to sail inventory, will be used in a series. Sail inventory adjustments will be made per the NSYA Handicapping manual. Winning Boats TCF's will automatically increase between series as per 8.2

8.2 Boats handicaps will be increased after each series as follows. The first place boat in a series will see its TCF increased by 0.020 points. The second place boat will see its handicap increased by 0.010 points.

8.3 A new boat having no PHRFNS rating shall apply to the Race Committee for a provisional rate at least one hour prior to her first race.

9 Racing Courses

9.1 The race course will be displayed on the AYC Race House before the warning signal of the first class starting. It will also be written on the top of the Class Registration Sheet for each class 20 minutes before the warning signal.

9.2 Course numbers and marks are described on AYC Evening Race Course Card.

9.3 Multiple running of a course or a combination of courses shall be indicated as course number x number of repeats, and course number + course number, respectively.

9.4 Each course must be completed by passing between the inner and outer start marks. A boat which fails to do so, and which does not subsequently take a two turn penalty shall be disqualified by the Race Committee.

9.5 The race Starting Line is defined as running from a Pole on top of the AYC Race Hut on the east side of Melville Island to the outer start mark on the east side of the Northwest arm. Boats must also pass between the inner and outer start marks to start.

9.6 Starting Penalties- Rule 30.1 Round: an end rule will be adhered to. The Race Committee need not display Flag I.

9.7 The race Finish Line (same as the Start line) is defined as running from a Pole on top of the AYC Race Hut on the east side of Melville Island to the outer start mark on the east side of the Northwest arm. Boats must also pass between the inner and outer start marks to finish.

9.8 A boat who has been protested by another boat without causing significant damage may exonerate himself by taking a penalty as described in Rule 44.2 Two-Turns Penalty.

9.9 The Fleet Captain or Officer of the day will be permitted to set course(s) other than on the course card if conditions warrant it. The course(s) will be displayed on the official notice board in the AYC clubhouse 20 minutes before the warning signal.

9.10 Courses may be shortened by the race committee making a sound signal from the race hut. The lead boat from each class will immediately head towards the next mark as the finish. All other boats must do the same course as the lead boat. A race may be shortened in the same manner by dropping the requirement to complete all laps in a multi-lap race. A sound signal will be made from the race hut prior to the first boat reaching the start/finish line.

10 Prohibited Areas

10.1 Boats shall not sail in the following prohibited areas and the navigational buoys shall be

passed on their proper side, unless they are designated as marks of the course: Hen and Chickens (HQ2) and Purcell's Cove (HQ1).

11 Time Limits

11.1 A 2.5 hour time limit for the first boat is imposed.

11.2 All other boats must finish within 1.0 hour of the first boat.

12 Scoring

12.1 Each series is six races. Each boat scores his best 4 races. The race committee shall score a race or series as provided in Appendix A of the Racing Rule of Sailing using the Low Point System.

12.2 Ties will be broken as per the Racing Rules of Sailing Appendix 'A' – Scoring.

12.3 A minimum of 3 scheduled races must be run per class to constitute a series.

12.4 An overall Wednesday night winner will be determined by counting each boats best 12 races over all 18 races.

12.5 There will be no separation of spinnaker from non-spinnaker participants in determining scoring.

13 Races rescheduled

13.1 No evening races will be rescheduled.

14 Protests and Requests for Redress

Protest forms are available at the AYC Clubhouse

For each class the protest submission time limit is 30 minutes after the last boat has finished. The protest hearing shall commence within 30 minutes after submission of the protest, unless otherwise stated by the Officer of the Day. This alters rules (RRS) 61.3 and 62.2

15 Radio Communications

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile phones.

16 Safety Regulations

16.1 Boats must be equipped as required by the Canadian Coast Guard.

16.2 Boats having a minimum freeboard in excess of 20 inches (50cm) may be required to demonstrate means of retrieving a crew overboard.

Random safety inspections may be carried out by the Race Committee. Any Safety equipment Deficiency may be ground for penalty, including disqualification, at the discretion of the Protest Committee immediately after the race. This alters RRS 42.

17. Prizes

Prizes will be given to the first and second place finisher on corrected time on the night of the race.

Also on Wednesday night a prize will be awarded by random draw for all boats other than the first and second place finishers.

Trophies will be presented at the Commodores Ball in November for winners of each series and for the overall seasonal winner.

18 Interference with Shipping and Rowers

Any boats which interfere with the orderly passage of navel or commercial shipping may be subject to disqualification from the race. Such disqualification shall be reported to NSYA and may result in further disciplinary action, including denial of entry into future events.

Boats interfering with rowing vessels may be subject to disqualification from the race. Engines may be used in an emergency. Details of the emergency must be reported to the Race Committee immediately after the race. This alters RRS 42.

19 Withdrawal or disablement

19.1 Boats withdrawing or disabled shall report same to the Race Committee. This is to prevent needless emergencies and non-compliance shall be reported to NSYA, and may result in further disciplinary action, including denial of entry to future events.

20 Disclaimer of Liability

20.1 Competitors participate in the AYC races entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or proper to, during, or after an AYC race or regatta.

21 Insurance

21.1 Each participating boat shall carry personal liability/protection & indemnity coverage of not less than one million dollars. To be eligible to race each skipper/owner must sign a declaration of insurance coverage.

22 Garbage

22.1 Boats are not to discharge overboard. Witnesses to such acts are encouraged to take action under RRS 60.